

BIOGRAPHIES & CONTACT INFORMATION



Dr. Angela Mitchell is a licensed psychologist/school psychologist and former Assistant Professor. She earned her BA from the University of North Texas and her MA and PhD from the University of Wisconsin at Madison. Her areas of expertise include the assessment and treatment of children/adolescents and adults with symptoms of anxiety, depression, ADHD, other disruptive behavior disorders, and the rare childhood disorder Selective Mutism. Dr. Mitchell also has expertise in the assessment of learning disabilities - including Dyslexia. She is the COO of the Center for Psychological Services and is a practicing psychologist.

The Center for Psychological Services (CFPS) <https://cfpsonline.com/>



Dr. Edna Chism Nicholas is a Licensed Clinical Social Worker-Supervisor, Licensed Chemical Dependency Counselor, and Certified Professional Coach. She has over 20 years of experience working with numerous families and system collaborations across the state. She is the Founder of a private practice named Authentic Counseling and Coaching Center, LLC where she and staff desire to assist others to see Gods light as a pathway for struggles and challenges we may all endure in life. In her practice, she works with families, individuals, and couples. She utilizes various therapeutic approaches that include, case management, crisis intervention, EMDR therapy, Christian counseling and various trauma informed care modalities.

Authentic Counseling and Coaching Center, LLC

<https://www.psychologytoday.com/us/therapists/edna-chism-nicholas-fort-worth-tx/217332>



Vorce R. Perryman, a Program Manager of the Local Outreach to Suicide Survivors (LOSS Team) of Tarrant County. Vorce has worked for My Health My Resources (MHMR) of Tarrant County since 2011. In his time with MHMR he has performed multiple roles starting as a Qualified Mental Health Professional (QMHP-CS) for the Adult Behavioral Health Clinic, to managing the Second Chance (Substance Abuse) Program, then transitioning to the role as a Trauma Therapist for the Youth Center of MHMR of Tarrant County. In 2017, Vorce took on the leadership role for the LOSS Team as Program Manager.

Vorce received his Bachelor's Degree in Psychology from The University of Southern Mississippi in Hattiesburg, MS in 2007. He completed his Master's Degree in Counseling with an emphasis in Marriage and Family in 2013 from Liberty University in Lynchburg, VA. Now he is currently pursuing doctoral studies in counseling. **Mental Health America of Greater Tarrant County** <http://mhatec.org/>



Michelle Harris is an educator and mental health professional who works with students and their teachers to help them navigate the challenges of life. Michelle believes that all young people can succeed and reach their potential in life with the support of caring adults. Michelle has worked in public education as a teacher, counselor, and administrator for the last 20 years. Michelle is a Licensed Professional Counselor (LPC) and is a Nationally Certified Trainer for Youth Mental Health First Aid. Michelle holds a Bachelor of Arts degree in Psychology from UT Arlington, a Master of Science degree in School Counseling from Amberton University, and is currently pursuing a PhD in Professional Counseling from Amridge University.

Pathways Facilitator at Arlington ISD <https://www.linkedin.com/in/michelle-harris-ms-lpc-4057a8114/>



Taylor Spells, a Dallas native, holds a Bachelors in Psychology with a Minor in Forensic Science from Texas Tech University and a Masters in Marriage and Family Therapy from the University of Southern California. She is currently an LPC-I working towards full licensure in the state of Texas as a Counselor at the University of North Texas and pursuing her Sports Social Work certification. She has always had a passion to help others which is the reason why she chose the counseling field, but also has a love for sports and wants to eventually combine the two in hopes of becoming a Sports Counselor. Taylor's personal statement is to let others know that it is okay to not be okay and to never give up, no matter what because God is with you always!

Counselor at the University of North Texas Facebook: <https://www.facebook.com/UNTCTS>



Jessie L. Brown is the Program Manager of the CARE House (Adolescent Crisis Respite Unit). Jessie has worked for My Health My Resources (MHMR) of Tarrant County since 2012. In his time with MHMR he has performed multiple roles starting as a Qualified Mental Health Professional (QMHP) for the Women's Crisis Respite & Residential Unit, to Lead Crisis Specialist at the CARE House, then transitioning to the Team Lead of the CARE House. In 2016, Jessie took on the leadership role for the CARE House as Program Manager. Jessie received his bachelor's degree in Sociology, with a minor in Psychology, from The University of North Texas in Denton in 2006. Jessie is certified in ASIST (Applied Suicide Intervention Skills Training), CISM (Critical Incident Stress Management), and is a member of the MHMR Safety Response Team.

Adolescent Crisis Unit (CARE) of MHMR Tarrant County <http://www.mhmrtarrant.org/>

Teen Counseling Resources**Counseling**

ACH Child and Family Services	817-335-4673
Millwood	817-261-3121
Excel Center of Fort Worth	817-335-6429
UTA Center for Clinical Social Work	817-272-2165
The Parenting Center	817-332-6348
Catholic Charities	817-534-0814
MHMR Crisis/Suicide Line	817-335-3022
Warm Place	817-870-2272
Lena Pope	817-255-2652
Soteria: Center for Counseling and Enrichment	817-276-6412
Freedom Reigns Counseling - Equine Assisted	682-593-9003

Pregnancy Counseling, Testing, and Other Services

AISD Pregnancy Education and Parenting	682-867-7668
Metroplex Women's Clinic	817-299-9599
The Gladney Center	817-922-6000
JPS School-Based Clinics	
Central (600 New York Ave.)	817-702-5071
Ferguson JH	817-702-4844
Nichols JH	817-702-5135
Planned Parenthood	817-472-8196
WIC	817-321-5400
Texas Health & Human Services	817-461-8273
Mission Arlington	817-277-6620
AIDS Outreach Center	817-335-1994

Drug Testing

Accutrace Testing - Arlington	817-563-4004
Excel Center - Fort Worth	817-335-6429
The Campus (MHMR) - Fort Worth	817-569-4270
DrugTestYourTeen.com	214-797-8378

Hotlines

ACH Child and Family Services	817-335-4673
Boys Town National Hotline	1-800-448-3000
Texas Abuse Hotline	1-800-252-5400
MHMR Tarrant County	817-335-3022 talk or text
Rape Crisis Hotline	817-927-2737
Suicide Hotline	1-800-784-2433
Self-Injury Hotline	1-800-273-8255
2-1-1 Texas	211 or 817-258-8000

Drug Counseling Agencies - Adolescents

Alateen/Al-Anon	Arlington	817-336-2492
Animo (bilingual Spanish services)	Arlington	817-274-3983
ACH Child and Family Services	Fort Worth	817-335-4673
Betty Ford Center Five Star Kids	Irving	972-751-0363
Clearfork Academy (boys only*)	Fort Worth	866-650-5212
Cooks Children's Behavioral Health Unit* + (12 & under)	Fort Worth	682-885-3917
Dallas Behavioral Healthcare *	DeSoto	877-510-1909
Excel Center +	Fort Worth	817-335-6429
Hickory Trail Hospital*	DeSoto	972-298-7323
Integrated Healthworks	Kennedale	817-483-0020
JPS Trinity Springs Pavilion*+	Fort Worth	817-702-3636
Lena Pope	Arlington	817-255-2652
Mind Above Matter+	Arlington	817-447-3001
Mesa Springs*	Fort Worth	817-952-5571
Mesa Springs/Innovations+	Fort Worth	817-841-8002
MHMR Tarrant County		
• The Campus (boys only*)	Fort Worth	817-569-4270
• The Youth Center	Arlington	817-569-4270
Millwood*	Arlington	817-261-3121
Nexus* (girls only)	Dallas	214-321-0156
Phoenix House of Dallas*	Dallas	214-296-0394
Recovery Resource Council	Fort Worth	817-332-6329
Santa Fe Youth Services	Fort Worth	817-492-4673
Shoreline*	Taft, TX	800-628-3265
Summer Sky Treatment Center*	Stephenville, TX	888-857-8857
Sundown Ranch*	Canton	903-479-3933
Texas Health Behavioral Health Arlington*+	Arlington	682-236-6023
Texas Health Behavioral Health Springwood*	Bedford	682-236-6023
Texas Health Recovery and Wellness Center*	Mansfield	682-236-6023
UTA Center for Clinical Social Work	Arlington	817-272-2165

* provides in-patient treatment

+need mental health diagnosis also

This is not a comprehensive list – please check with your insurance company first.



Do you feel
lonely,
depressed,
bullied or
SUICIDAL?

**YOU ARE NOT ALONE.
YOU CAN TALK ABOUT IT.**

Lifeline Support

1-800-273-8255 (TALK)

Free and Confidential

IT CAN SAVE YOUR LIFE.



This poster was developed under grant number 1U79SM00533-14 from the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). The views, policies and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS.



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3/2011, 06/18/13